

DAY 1

Say So

PJ Morton

KEY OF C | TWO-HAND CHORDS

This song trains your hands to work together. Use the '+' to split — Left Hand plays the bass note. Right Hand plays the chord.

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CHORD MAP (Intro + Verse = same)

1

B + CMaj*If you love me*

2

Bb + AMaj*Just say so*

3

Eb + BbMaj*Nobody wants to*

4

F + GMaj*Be in love*

5

C+G+B+E*Alone*

CHORD 5 NOTE: C+G+B+E = LH plays C, RH plays G-B-E together

YOUR 15-MINUTE DAILY DRILL

1

5 MINUTES

Hands Separate Warmup

- LH alone: play B Bb Eb F C across all 5 chords slowly
- RH alone: play CMaj AMaj BbMaj GMaj G-B-E slowly
- Say the chord name out loud as you play each one

2

5 MINUTES

Hands Together — Chord by Chord

- Play Chord 1 (B + CMaj) — hold for 4 counts. Repeat x4
- Move to Chord 2. Hold 4 counts. Repeat x4
- Work through all 5 chords. Don't rush the transition

3

5 MINUTES

Play the Song

- Play the full progression: 1 2 3 4 5 in order
- Slow tempo first. Match the feel — smooth R&B groove
- Once clean, try it twice through without stopping

PRACTICE TIP

If Chord 5 (C+G+B+E) feels awkward, isolate it. Play LH C, then drop RH G-B-E on top. Repeat 10 times until the hand position locks in.

DAY 2

Imagine Me

Kirk Franklin

KEY OF C | THE NUMBER SYSTEM

This song trains the Number System. The notes are staggered (not block chords). Play RH notes individually in order — ballad feel, slow and

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FULL SEQUENCE (Intro + Verse are the same)

Position	Right Hand (staggered)	Left Hand	Notes
Beat 1	G-F-C	F-G	Play 4x
Beat 5	G-E-C	E-G	Once
Repeat	Entire cycle x3		

HOW TO PLAY THE STAGGER:

RH plays: G then F then C (one note at a time, not together)

YOUR 15-MINUTE DAILY DRILL

1 5 MINUTES RH Stagger Drill — Right Hand Only

- Practice: G F C — G F C — G F C — G F C (4x = 1 cycle)
- Then: G E C once. That completes one full pass.
- Repeat slowly. Count: 1-2-3, 1-2-3, 1-2-3, 1-2-3, change

2 5 MINUTES Add Left Hand

- LH holds F-G while RH does the 4x G-F-C cycle
- When RH shifts to G-E-C, LH shifts to E-G simultaneously
- The LH change and RH change happen at the SAME moment

3 5 MINUTES Play the Song — Full Sequence

- Play the full cycle x3 as written — slow ballad tempo
- Focus on the smoothness. This song has a tender, emotional feel
- Hum or sing 'Imagine me' as you play — it helps your timing

PRACTICE TIP

The most common mistake: playing G-F-C as a block chord. They must be individual notes, one at a time. If it sounds like a chord, slow down and play each note separately.

DAY 3

Smile

Kirk Franklin

KEY OF Db | INVERSIONS

This song teaches inversions — the '+' means the first note is your bass (LH), the second is your chord version (RH). More chords, more movement.

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CHORD MAP BY SECTION

INTRO / VERSE

1 **DbMaj**

Today's a new day

2 **G+EbMaj**

There is no sunshi

3 **Gb+GbMaj**

Nothing but clouds

4 **B+F#m**

Feels like a cold

CONTINUED

1 **Gb+Bbmin**

I almost gave up

2 **F+Adim**

Can't explain

3 **Bb+AbMaj**

Fell from heaven

4 **Double Ab's**

Like a shower

YOUR 15-MINUTE DAILY DRILL

1 5 MINUTES Inversion Isolation — Verse Only (4 chords)

- Play Verse chords 1-4 slowly: DbMaj G+EbMaj Gb+GbMaj B+F#m
- At each '+' chord: LH plays the first note, RH plays the named chord
- Hold each chord 4 counts before moving. Name the chord as you play

2 5 MINUTES Add the Second Half (4 more chords)

- Play chords 5-8: Gb+Bbmin F+Adim Bb+AbMaj Double Ab's
- Double Ab's = both hands play Ab notes in different octaves
- Combine: play all 8 chords in sequence without stopping

3 5 MINUTES Play the Song — Verse + Back to Top

- Play all 8 chords once through at a gentle pop tempo
- When you get to 'Double Ab's' — resolve cleanly, then loop back
- Focus: smooth movement between inversions, no rushed transitions

PRACTICE TIP

Db and Gb are flat-heavy keys. If a chord feels hard to reach, check your hand position first — most inversion problems are a wrist angle issue, not a finger strength issue.

DAY 4

Yesterday

Boyz II Men

KEY OF E | SLASH CHORDS + MELODY

This song is different. RH plays the MELODY. LH plays the chords. You cannot assume the melody — play every note as shown. Find your ear.

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KEY DIFFERENCE: RH = Melody | LH = Chords | Slash chords = Bass note / Chord inversion

CHORD + MELODY MAP (Verse)

1 G#-C#-F# <i>Yesterday</i>	2 G# <i>all my troubles</i>	3 C#-G# <i>so far away</i>	4 A-E-G# <i>Now it</i>
5 B-A <i>seems as though</i>	6 E-C# or E-C <i>they're here to</i>	7 E-B <i>stay</i>	8 C#-G# <i>Oh,</i>
9 A#-F# <i>I believe</i>	10 B-A <i>in</i>	11 E-B <i>yesterday</i>	

YOUR 15-MINUTE DAILY DRILL

1 5 MINUTES LH Chord Foundation — Left Hand Only

- Play ONLY the LH slash chord notes slowly through the verse
- G# G# C# A B E E C# A# B E
- These are your bass anchors. They must be steady before adding melody

2 5 MINUTES RH Melody — Right Hand Only

- Play ONLY the melody notes: C#-F# C#-F# G# E-G# A C# or C B G# F# A B
- Sing or hum the words as you play — melody must feel like the song
- Do not rush. Every note in the melody counts. None can be assumed.

3 5 MINUTES Hands Together — Slowly

- Combine: LH holds slash chord, RH carries melody above it
- Start at half tempo. Match the emotional, nostalgic feel of the song
- When it feels natural, add a little more feeling — this song has soul

PRACTICE TIP

Slash chords like E-C# and E-C are two options for the same moment. Try both and pick the one that sounds cleaner coming from the chord before it. Trust your ear.